Massimo Mangialavori: When “The Pain” is so difficult to bear

Over three separate weekends in central London, *Ianua Medica Amiata* would like to present a new series of seminars by Dr. Massimo Mangialavori starting in October 2026:

24th – 25th October 2026 / 16th – 17th January 2027 / 13th – 14th March 2027

“The Pain” - especially when it is intense, deep, and at times seemingly unbearable, leaving indelible marks on a person’s life - is never merely a neurological problem.

Certain types of pain have profound and undeniable impacts on our system:

On the **physical level**; shared by all human beings and primarily addressed by conventional medicine, at a **corporal level**; which is specific to each individual person, in the absolutely individual way of suffering that homeopathy seeks to address, and at the **mental level**; complexity theory identifies the organising capacity inherent in every living system - *autopoiesis* - the intrinsic qualities that enable each organism to be itself. This is not confined to the brain alone, but to the mind in its broadest sense, enabling each organism to be itself, even plants, to sustain and express life.

In its many forms, “Pain” is the primary reason that leads a patient to seek medical advice. Often, when a patient becomes even partially aware of a more complex form of suffering, this leads to a search for a form of medicine that addresses it in all its complexity.

Over the three meetings, we will address some of the most important experiences of human suffering: the format of these seminars allows me to address such a vast topic in greater depth but above all, to explore the foundations and nuances of my personal approach within a space that a single seminar cannot provide.

Seminar One: Loss and grief

Loss and grief are among life's most profound and painful experiences, yet, paradoxically, they receive surprisingly little attention in our repertories.
Even in the most recent works, the section on Ailments following the death of a child lists fewer than twenty remedies. And yet, the loss of a loved one is an inescapable part of the human experience and cannot realistically be captured in so narrow a selection.
I find it far more insightful and meaningful to explore how each homeopathic family, and each individual remedy, encounters and expresses loss and grief in its own unique way.

The clinical cases for each seminar will be sent well in advance. We therefore recommend registering early to allow sufficient time to study the material beforehand. The cases will not be read during the seminars, and the teaching will proceed on the assumption that participants have already studied them.

The Homeopatic Family of:

Acids

Milks

Drug remedies

And Others...

Lactuca virosa

Laurocerasus

Oxalicum acidum

Penthorum

Ratanhia

Ignatia

Staphisagria

Seminar Two: Chronic Pain and Protopathic Pain

Chronic pain profoundly affects the daily lives of many individuals, and due to its incisiveness, often overshadowing the underlying condition that gives rise to it. Even in conventional medicine, multidisciplinary interventions are considered, with careful attention given to patients experiencing persistent pain, because even the most powerful painkillers are often insufficient. When used thoughtfully, homeopathic medicine shows considerable potevntial in addressing such pain, largely due to its fundamentally individualised approach that tailors treatment to the unique characteristics of each patient.

'**Protopathic pain**' is a term I coined several years ago to describe a specific manifestation of pain: one that is not only intense but occurs so early that those who experience it cannot represent it, give it colour, or visualise it. These are the modalities we seek so hard to refine our prescriptions. Individuals who suffer from such pain begin experiencing it very early in life—like infants or very young children—who cannot yet speak, who feel intense discomfort but cannot articulate where or how it hurts. Interestingly, in the literature, the remedies most frequently reported as effective for this type of suffering are those indicated for acute pain, even though, in their constitutional form, these pains often reflect deeply chronic suffering that have persisted historically in our patients.

Colocinthis
Cornus sanguinea
Dioscorea
Gnaphalium
Luffa oparculata
Asafoetida
Hydrastis
Sarsaparilla
The Homeopatic Family
Euphobiaceae
Cactaceae
Xanthines
And Others...

Seminar Three: The denial of pain

The denial of pain is, in fact, a common adaptive response when an organism perceives suffering as unmanageable. By denying the existence of pain—relegating it not only into the hidden space in the consciousness but also in the body itself—one may find it easier to cope than by confronting something overwhelmingly intense.

Effective remedies for this condition can only be identified through clinical practice. The provings themselves—an excellent reflection of how each remedy functions—clearly show how these remedies specifically address pain. In medical terms, this symptomatology is known as scotomisation, where dark areas appear in the visual field, obstructing complete vision. It is a process of exclusion, removal and denial of pain. This process is no less significant than the pain that is openly expressed.

Allium cepa
Bellis perennis
Calcarea silicata
Granatum
Kreosotum
Antimonium tataricum
Hypericum
Saccarum album
The Homeopatic Family
Asteraceae
Fabaceae
some insects
And Others...

Seminar content

The best-known remedies for each of these themes will be discussed, with a focus on their differential diagnoses, in order to clearly distinguish them from other remedies with which they may be confused. Most space will be devoted to lesser-known remedies, which nonetheless play an important role in **Dr. Massimo Mangialavori's forty years** of clinical experience. Each remedy will be presented with at least one clinical case, ranging from paediatric patients to adolescents, adults, and the elderly. The cases will be sent well in advance to facilitate collegial discussion during the seminar. The seminars are of common interest to colleagues who primarily treat adults, those with a particular interest in children, and veterinarians.



Venue:

Marylebone, London NW1 6XT

(Marylebone is in Zone 1. Sorry no free parking available at the venue. 1h by public transport from Heathrow or Gatwick airport.)

Cost :

In-person / Online particiaption: **£200** per seminar (Early Bird Discount **£180** if booked by August 2026)

£500 for three seminars (If booked by 23rd October 2026)

Recording will be available for limited amout of time after the seminar.

Booking & Enquiry:

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